

**BODIES IN MOTION PHYSICAL THERAPY  
MEDICAL HISTORY QUESTIONNAIRE**

PATIENT NAME: \_\_\_\_\_ DOB \_\_\_\_\_ DATE \_\_\_\_\_

Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Occupation: \_\_\_\_\_

Physical Requirements of Job: \_\_\_\_\_

**Current problem**

- When did your pain start? (or surgery date) \_\_\_\_\_
- What goals do you hope to achieve from therapy?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Check the number which represents the **worst** level of pain you have experienced over the past week:

No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst Pain Imaginable
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Check the number below which represents the **current** level of pain:

No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst Pain Imaginable
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Check the number below which represents the **least** level of pain you have experienced over the past week:

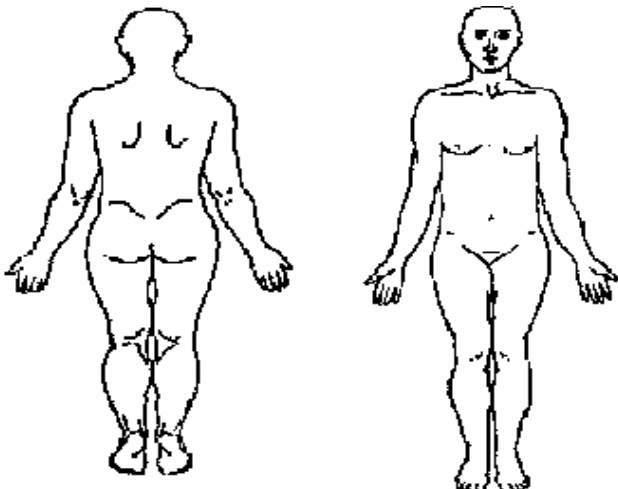
No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst Pain Imaginable
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**Check the things that make your pain worse?**

Sitting	Standing	Walking	Ascending Stairs	Descending Stairs
Sit to Stand	Bending	Voiding	Lying Down	Coughing/Sneezing

What do you do to help make the pain less? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please mark on drawings where you feel your pain:



Any previous history of these symptoms? **YES / NO**

If yes, when? \_\_\_\_\_

What treatments have you received for this problem so far?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Any History of falls?

If YES, when?

\_\_\_ Yes \_\_\_ No

\_\_\_\_\_

**Past Medical History:** (Check all that apply)

\_\_\_ Alzheimer's

\_\_\_ Parkinson's

\_\_\_ Muscular Dystrophy

\_\_\_ Diabetes

\_\_\_ Bowel or Bladder Changes

\_\_\_ Traumatic Brain Injury

\_\_\_ Huntington's Disease

\_\_\_ Fracture

\_\_\_ Current Infection

\_\_\_ Osteoarthritis

\_\_\_ Lupus

\_\_\_ History of Cancer

\_\_\_ Cardiovascular Disease

\_\_\_ Rheumatoid Arthritis

\_\_\_ Obesity

\_\_\_ Fibromyalgia

\_\_\_ Stroke

\_\_\_ Hepatitis

\_\_\_ Immunosuppression

\_\_\_ High Blood Pressure

Have you had an x-ray, MRI, or other imaging study for this problem? \_\_\_ Yes \_\_\_ No

List any other prior or current injuries, surgeries, illnesses or medical conditions (including prior episodes of back pain, knee pain, etc.) including time frames:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Current Medications**

Please include **all** Over the Counter medications as well as Prescription Medications

MEDICATION	DOSAGE

**Currently I am experiencing:** (Check all that apply)

\_\_\_ Fever/Chills/Sweats

\_\_\_ Shortness of Breath

\_\_\_ Pain that DOES NOT change with positioning

\_\_\_ Poor Balance (Falls)

\_\_\_ Dizziness

\_\_\_ OTHER:

\_\_\_ Unexplained Weight Loss

\_\_\_ Headaches

\_\_\_ Numbness or Tingling

\_\_\_ Change in Bowel/Bladder Function

\_\_\_ Change in Appetite

\_\_\_ Nausea/Vomiting

\_\_\_ Difficulty Swallowing

\_\_\_ Increased Pain at Night

\_\_\_ Depression

\_\_\_ Pain that DOES NOT change with activity

Are you a smoker?

Do you exercise regularly?

If yes, what do you do?

\_\_\_ Yes \_\_\_ No

\_\_\_ Yes \_\_\_ No

\_\_\_\_\_

\_\_\_\_\_