

# BODIES IN MOTION PHYSICAL THERAPY

## MEDICAL HISTORY QUESTIONNAIRE

PATIENT NAME: \_\_\_\_\_ DOB \_\_\_\_\_ DATE \_\_\_\_\_

Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Occupation: \_\_\_\_\_

Physical Requirements of Job: \_\_\_\_\_

**Current problem**

- When did your pain start? (or surgery date) \_\_\_\_\_
- List three things that you have difficulty doing: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Circle the number which represents the **worst** level of pain you have experienced over the past week:

No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst Pain Imaginable
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Circle the number below which represents the **current** level of pain:

No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst Pain Imaginable
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Circle the number below which represents the **least** level of pain you have experienced over the past week:

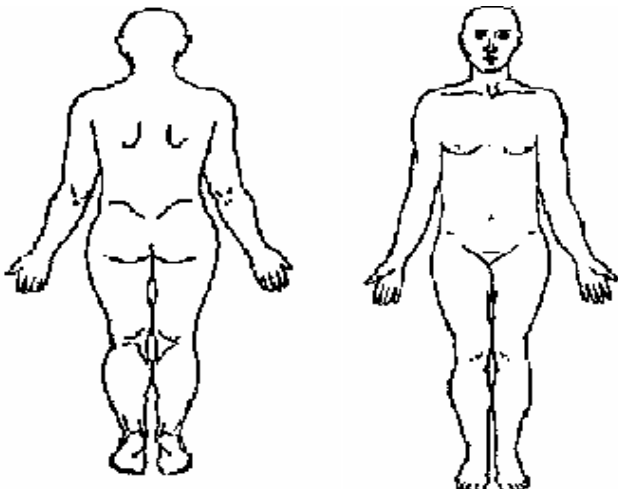
No Pain	0	1	2	3	4	5	6	7	8	9	10	Worst Pain Imaginable
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**Circle the things that make your pain worse?**

Sitting	Standing	Walking	Ascending Stairs	Descending Stairs
Sit to Stand	Bending	Voiding	Lying Down	Coughing/Sneezing

What do you do to help make the pain less? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please mark on drawings where you feel your pain:



Any previous history of these symptoms? **YES / NO**

If yes, when? \_\_\_\_\_

What treatments have you received for this problem so far?

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

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## MEDICAL HISTORY QUESTIONNAIRE

Any history of falls? **YES / NO**

If yes, when? \_\_\_\_\_

**Past Medical History:** (circle all that apply)

Alzheimer's	Diabetes	Huntington's Disease	Osteoarthritis
Cardiovascular Disease	Fibromyalgia	Immunosuppression	Parkinson's
Bowel or Bladder Changes	Fracture	Lupus	Rheumatoid Arthritis
Stroke	High Blood Pressure	Muscular Dystrophy	Traumatic Brain Injury
Current Infection	History of Cancer	Obesity	Hepatitis

Have you had an x-ray, MRI, or other imaging study for this problem? **YES / NO**

List any other prior or current injuries, surgeries, illnesses or medical conditions (including prior episodes of back pain, knee pain, etc.) including time frames:

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**Current Medications:** Please include Over the Counter medications as well as Prescription medications

MEDICATION	DOSAGE

**Currently I am experiencing:** (circle all that apply)

Fever/Chills/Sweats	Poor Balance (Falls)	Unexplained Weight Loss	Numbness or Tingling
Change in Appetite	Difficulty Swallowing	Depression	Shortness of Breath
Dizziness	Headaches	Change in Bowel/Bladder Function	Nausea/Vomiting
Increased Pain at Night	Pain that <b>DOES NOT</b> change with activity	Pain that <b>DOES NOT</b> change with positioning	OTHER:

Are you a smoker? **YES / NO**

Do you exercise regularly? **YES / NO**

If yes, what do you do? \_\_\_\_\_  
\_\_\_\_\_